



The Cowra Crankhandle



Volume 34 No. 3
August 2025

COWRA ANTIQUE VEHICLE CLUB INC.

POSTAL ADDRESS: PO BOX 731 COWRA NSW 2794

ABN: 95 035 591 220

Public Liability Insurance No. 155652 Marsh Fair Trading Registration No. Y1784746

Shannon's web page <http://carclubs.shannons.com.au/cavc>

Facebook web page <http://www.facebook.com/CowraAntiqueVehicleClub?ref=hl>

Name: Cowra Antique Vehicle Club

BSB: 032820

Acc. 283380

\$40:00 Family Membership Crankhandle by email \$55 Crankhandle hard copy- Constitution is available in the library.

CAVC Email rd415@iprimus.com.au

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MR. Kevin THRUPP

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EVENTS / FUND RAISING COMMITTEE: All Financial Members

The Cowra Antique Vehicle club meetings are held on the 3rd Monday of each month at 7:30 pm at the Cowra Railway Station Clubroom

Life Members

Russell & Kathy Denning

Maurice & Moya Randell

John Toohey

Peter & Margaret O'Sullivan

Ken Masters

Opinions expressed in this magazine/newsletter are not necessarily those of the club or the committee. Information supplied to the editor for inclusion is published in good faith; therefore, responsibility for its accuracy cannot be accepted by the club, its members, or the editor. Materials are invited for inclusion in the magazine and should be forwarded to the editor bearing the name of the author. Materials submitted may be edited to improve clarity or for space purposes.

Editors Ramblings

Front Cover Wayne Reeks

I thought it fitting to dedicate this newsletter to Wayne Reeks. Wayne was a gentle giant with a huge heart. Wayne came to us after some goings on at the Bathurst Club. Apparently he came home on a run a different way, he went through Blayney to pick up a part for a vintage motorbike. At the meeting the President gave Wayne a roasting in the meeting. The end result he joined Cowra, with his long time friend George Smith.

The two of them rarely missed a meeting, George serving as President for a year and Wayne serving a few, two year terms as President with the between years as vice president.

He ran the meetings very well and had a knack of getting people to host club runs. Kathy introduced a Swear Jar for Wayne, not that he ever swore. Peugeot became the swear water and every time he mentioned Peugeot he had to put a dollar in the jar.

Jokes he could rattle off one joke after another. His catch phrase was. "This is as true as I am standing here". Experienced with Wayne, you knew he was about to tell the most outrageous story, always funny.

Wayne loved his Peugeots, he has a few in his life a beautiful green 404 ute and equally nice 404 sedan. A few can remember Wayne doing 100mph in the ute down conrod straight at Bathurst, hard to believe, but my son was following him. What happened was very funny. It was a MERCEDES sponsored Car day for older race cars up to Group C. We had the honour of being allowed to do a lap at lunch time. The only condition was that we were not allowed to overtake. We did the lap behind an AMG V8 Mercedes to the cheers of the crowd and Marshall's. Pulling back into the pits we were asked by the organisers to go again. This time the AMG Mercedes disappeared up Mountain Straight. SO, it was on for young and old, flat stick.

The front cover depicts Wayne on one of our overnight club runs. In June Wayne met these ladies on their Hens night. Both Wayne and the girls enjoyed the night.



*Happy Motoring
Russ Denning*

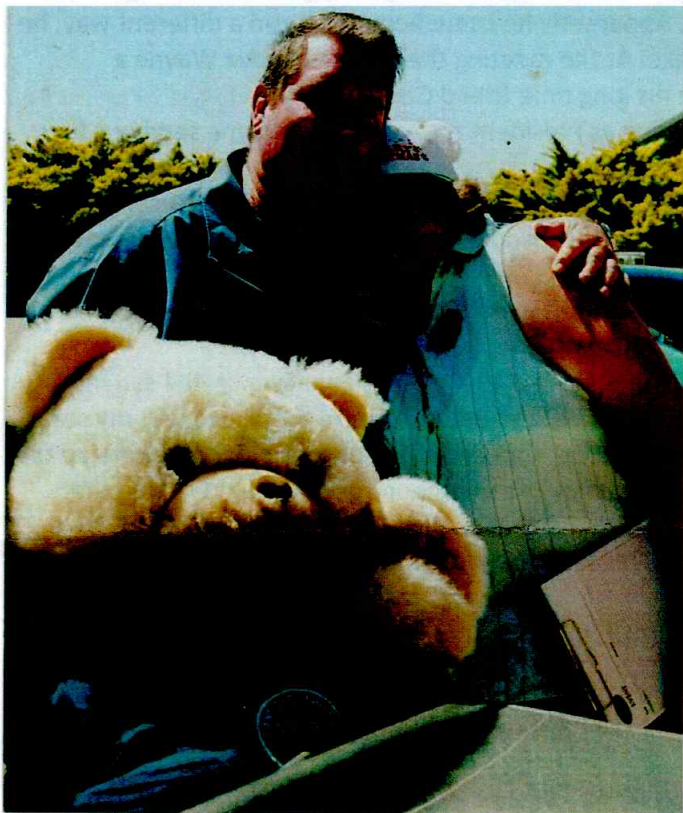
Wayne always objected to having his photo taken, an open invitation to try and catch him unaware. The above photo at McDonalds with Ronald and Helen Capps.

His stories were so outrageous most of the time, you had to work out whether true or not. Wayne was not one to mince words and religious people came knocking he always had something to say. He told us that one day he had just got out of bed when the doorbell rang. Naked he slightly opened the door, The religious people kept on and on, so Wayne opened the door and invited them inside. Needless to say it was a long time before they came knocking again.

His 404 Sedan belonged to Merv Masters and was in the club prior to Wayne purchasing. It was and still is a truly magnificent car. Now belongs to Josh Freeman, Waynes grandson, and it is now even better

There are so many memories of this great man and club member, I could fill this magazine with just my memories.

A club meeting a good few years ago. Many familiar faces, sadly quite a few have passed away. Kathy, Wayne and big Ted.

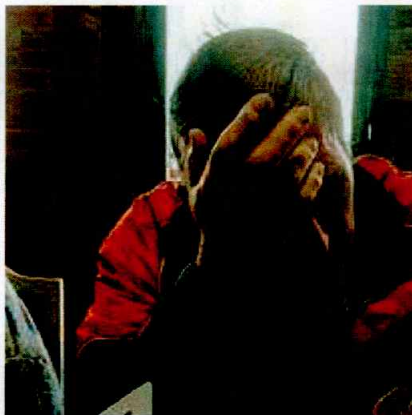


RIP Wayne – you will sorely be missed, I am still, sitting typing this in disbelief that you have gone. Thank you for your friendship

Waynes Peugeot 404



Wayne at Portland Museum



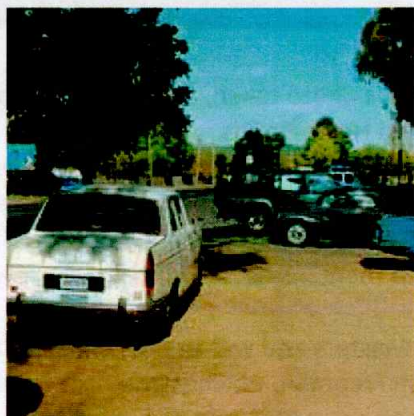
Trying to hide from being photographed



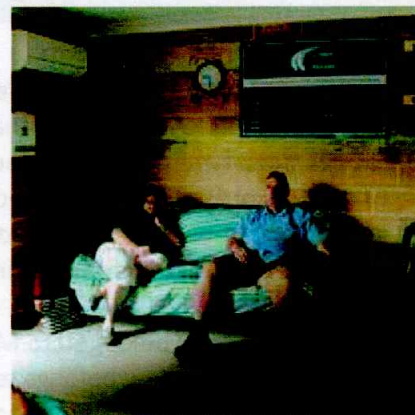
Wayne stands out at Portland



Waynes 100 mph Peugeot Ute

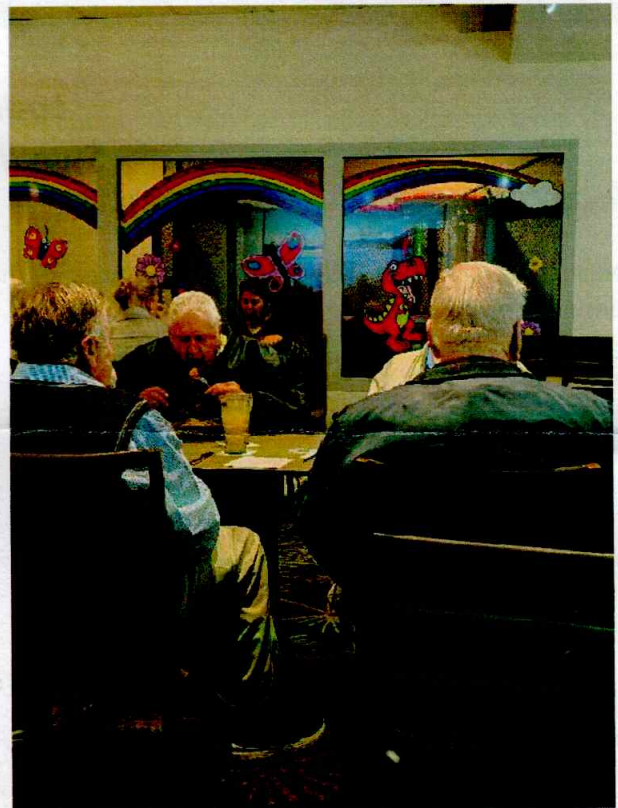
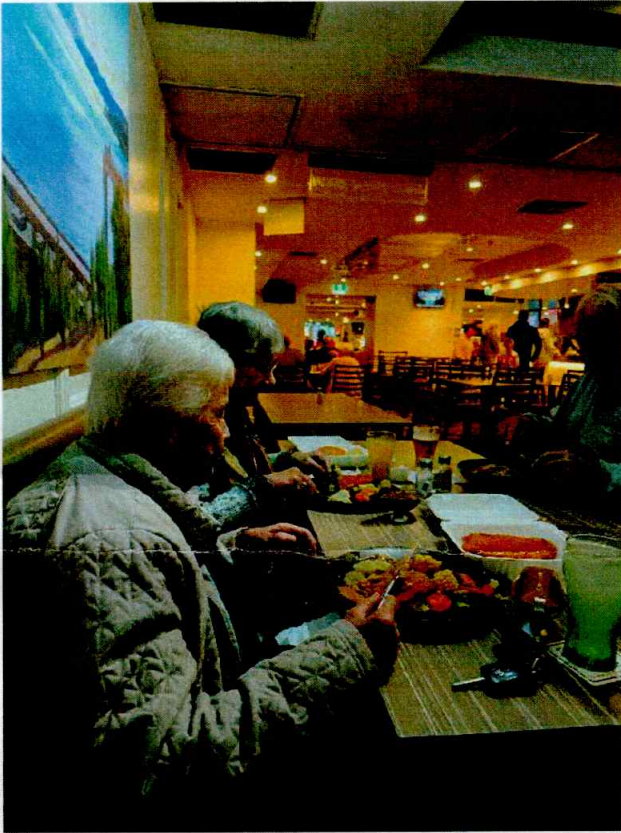


Another shot of the 404



Wayne at Driver Reviver

Coffee Run



Japanese gardens for coffee and then to Club Cowra for lunch. Huge meal at the club

Morebel Markets

Rodnet Bowd
Dave Beeken

Austin 10
Ford Spectre

Alan Shepherd
Bob Grimshaw

VB Commodore
Ford F100



Ladies Page

Swedish rissoles

Difficulty Easy Prep 0:10 Cook 0:15 Serves 4

Swedish meatballs are rightly famous, but why make them bite-size when you can upsize to rissoles? Serve with a creamy sauce and pasta.

Ingredients

500g pork mince
1 egg
1/2 cup panko breadcrumbs
1/4 cup cream
2 cloves garlic, crushed
1-2 tbs olive oil
300g fettuccine

For sauce

1 tsp Massel* Chicken Stock Powder
100ml water
1 tbs cornflour
150ml cream
2 tsp Worcestershire sauce
1 tsp soy sauce

*Massel is recommended by Australia's Best Recipes



Method

Step 1

In a medium bowl, combine mince, egg, breadcrumbs, cream and garlic. Season well with salt and pepper and mix well. Form into 8 rissoles. Heat oil in a large non-stick frypan over medium heat and cook rissoles for 3-4 minutes each side until just cooked through. Remove and keep warm.

How to make breadcrumbs.

Step 2

Meanwhile, cook fettuccine according to packet instructions.

Step 3

For the sauce, combine stock powder with water in a jug. Whisk together cornflour and a little of the stock in a small saucepan. Add remaining stock and whisk until smooth. Add cream and Worcestershire and soy sauces, then bring to the boil. Reduce heat and allow to simmer for 4-5 minutes until thickened. Check for seasoning.

Step 4

Serve rissoles with fettuccine and cream sauce.

Recipe Notes

Australia's Best Recipe from Australia's Best Recipes team

Use ordinary breadcrumbs or even fresh crumbs made from finely chopped white bread.

Recipe and photo by Greer Worsley.

Surviving Austin Freeway prototype

Surviving prototype cars are scarcer than hens' teeth, so we were pleasantly surprised to be told of one that not only survived the past 60+ years, but was in regular use until relatively recently.



Our publication of an Austin Freeway restoration in May 2023 sparked input from an Historic Vehicles supporter, who knew of a prototype Freeway that was until recently being driven by its owner, Roger Allan Foy. Sadly, he passed away in April 2023, aged almost 93.

R A Foy was an ex-employee of BMC Australia, where he worked in the Experimental Department. After the prototype Freeway had fulfilled its testing roles, R A Foy purchased the car in December, 1962. Until late 2022 he drove it every week from his home at South Turrumurra, in Sydney's leafy northern suburbs, to Fagan Park at nearby Galston, where he had been a volunteer at the museums for 25 years. His last attendance was just before Christmas, 2022, when declining health caught up with him.

"I can confirm that the car is the first full prototype and is still in every-day use," said R A Foy, back in 2018.

"The first photograph of the car was taken at Maroubra Beach, in December, 1960, when it was wearing a Morris Oxford V grille.

"The second photograph is of the same car, taken in December, 2000."



This Austin Freeway prototype was built in mid-1960 at Longbridge, UK, to the full ADO40 mechanical specification. It was fitted with then-current UK Austin A55 MKII interior trim and external bright-work, including Austin-type tailfin trim strips.

It arrived in Australia in August 1960, whereupon the interior trim and dash was changed to the proposed Freeway style and a less restrictive Morris Oxford grille was fitted.

The car was used for multiple engineering tests, including braking, ride and handling, cooling, performance, fuel consumption, tyre evaluation, NVH (noise-vibration-harshness) and competitive comparisons.

It had clocked up a few miles in these pursuits, so when R A Foy purchased the car it had covered 38,000 miles. The speedo read 291,600 in 2018.

Two additional prototypes came from UK: a station wagon and a Wolseley version. These two cars were used for durability-type testing, with a high mileage proportion carried out on unsealed roads.

"The Station Wagon was operated for most of the time with Wolseley front-end sheet metal," said R A Foy.

"This narrow-grille bodywork was used to create higher under-bonnet temperatures for testing, but that led to much speculation at the time that there might be a Wolseley station wagon version being developed!

"A then-new Borg-Warner Type 35 automatic transmission was also fitted to the wagon, for extended testing.

"Like my car, these two cars were sold to BMC Plant employees, but no record of their subsequent history is known," said R A Foy.

He believed that his car was likely to be the only genuine prototype of any make in regular use in Australia and so could be unique. If there are others perhaps we could get them all together sometime.

The above story is written with the permission of the late R A Foy's family.

**C.A.V.C. Annual Fee \$40 email Crankhandle
\$55 hard copy posted**

Club Merchandise

Car Badge	\$21:00	Lapel Badge	\$5:00
Caps	\$15:00	Dark Blue Polo Shirts	\$15:00
New Light Blue Shirt	\$36:00		
Sloppy Joes	\$18:00	Winter Vest	\$26:00
Small Sticker "inside window"	\$5:00	Name – model – year plate (CAVC)	\$13:00
C.A.V.C. old number plates –	offers	Cloth Patches	\$10:00
Sticker Outside Window	\$5:00	Windscreen Banner	\$15:00

Happy Birthday for October

*11th Norma Thrupp 14th Rachael Denning
15th Stephanie Brown 16th Kevin Thrupp
21st Peter Vernados 29th Allan Shepherd*

Weddings Anniversaries for September

*3rd Peter & Margaret O'Sullivan
6th Jeffry & Dea Curtis
14th Ian & Joyce Reid
15th Russell & Kathy Denning
21st Steven & Helen Barker
26th Warren & Julie Kinney
31st Peter & Jenny Watson*

MINUTES of CLUB MEETING

September 2025 Number 4

Meeting conducted by President: Dave Barrand

1. **Present:** Ian Reid, John Mooney, Dave Beeken, Dave Barrand, Russ Denning, Rodney Bowd, Kathy Denning, Kevin Thrupp, Dennis Sayles, Alan Shepherd,

Visitors:

2. **Apologies:** Sue Barrand, Bernie Rutter, Maurice & Moya Randall, Andrew Michel, Max Thompson, Ron Fazzari, David Lane, Bob Grimshaw, Ashley Oborn, Dudley Frecklington

3. **Minutes of Previous Meeting:**

Moved: Kevin Thrupp

Seconded: Dennis Sayles

Business arising from minutes.

4. Treasurers Report: Read by Ian Reid

Moved by: Ian Reid

Seconded by: Kevin Thrupp

5. Secretaries Report:

6. Correspondence IN:

- 17 other club Magazines
- Returned magazine – Ian Forsyth – NO MAIL BOX
- Thankyou Card from Marilyn Reeks
- Letter from Council for Dave Barrand
- AMUSU Theatre – August Movies
- Koorawatha Show Car & Ute show 1st March 2026
- Email from Peter O’Sullivan re address
- Email – Kevin Thrupp meeting date and time change thoughts
- 7 other notes handed in at meeting re day and time change for meetings

Correspondence OUT:

- NED deposit

Moved by: Kathy Denning

Seconded by: Rodney Bowd

7. Editors Report:

- a. Magazine Folding 7:15 pm

8. Plates Registrar Report:

- Travel Authority – The Dennings 1924 Dodge for the Dodge Rally in Leeton 18th to 25th October
- Extra Use Non-Club Event – Nil
- New Registrations – Hyundai – Kevin Thrupp

9. Past Events Discussed as per Past Calendar

- Discussed as per Calendar

SEE EVENTS CALENDER.

Suggested Runs – please bring suggestions to club meetings – please think about this list.

- Movies in Orange
- Observation Run – Jowett Run revisited – Russell Denning
- Other painted Silos
- Garage Sales Run
- Amusu Theatre
- Parkes Dam
- Borenore Caves – Bob Grimshaw
- Ten Pin Bowling in Orange – Ray Heilman

10. Future Events

- i. As per Events Calendar

11. Supper Roster:

October – Jeffrey Curtis

November - Ian Reid

12. General Business:

- a. Suggestion to move meeting night to a Saturday afternoon – submitted by Dudley Frecklington
 - i. 8 written suggestions against changing the day and time

- ii. 0 for changing the day and time
- iii. Carried Unanimously
- b. Kevin Thrupp bought up moving the meeting time earlier – bit of discussion – Russell suggested holding off moving time till after Daylight Saving finishes.
- c. Kevin Thrupp spoke to a solicitor about LVR & Channel 7. LVR cannot do what they did.
- d. Permission to purchase two taps – on leaking badly in ladies, one in gents not turning on.

Meeting Closed 8:30 pm

Next meeting: - Cowra Railway Station Clubroom.

Agenda:

- | | | |
|---------------------|--------------------------------|--------------------------|
| 1. Present | 2. Minutes of previous meeting | 3. Business arising from |
| 4. Treasures Report | 5. Secretary Report | 6. Editors Report |
| 7. Plates Report | 8. Past Events | 9. Future Events |
| 10. Supper Roster | 11. General Business | |
- Secretary Kathy Denning

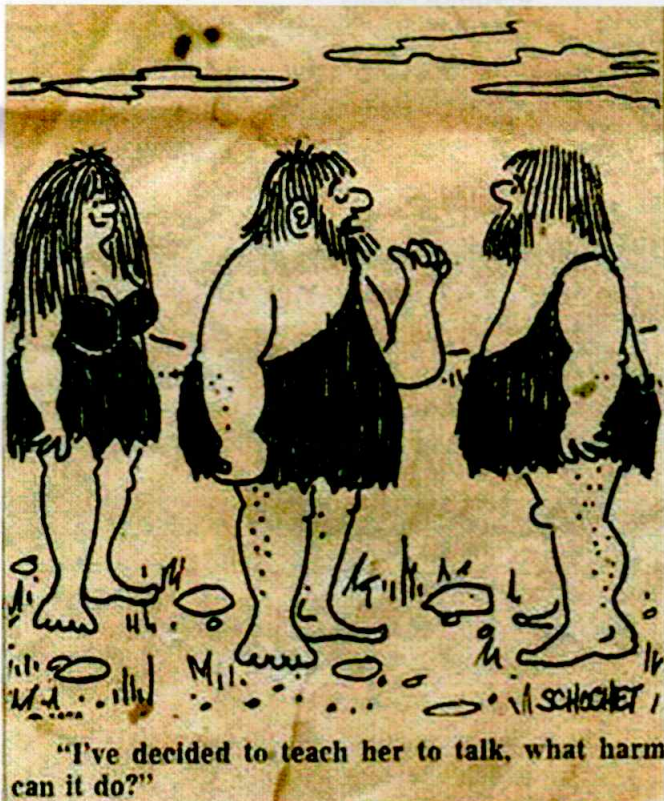
2025 Events Calendar

Please ensure you have a copy of the Calendar in your vehicle

September			
21 st	Sunday	KOORAWATHA CO-OP	Depart 8:30 am for Koorawatha Showground
25 th	Thursday	COFFEE RUN	9:30 am depart clubroom Nursery Garden
27 th	Fri - Sat	CANOWINDRA SHOW	8.00 am at Showground Depart Cowra 7:30 am
28 th	Sunday	OPEN DAY	9:00 - 3:00 pm to be confirmed is a visit by a Ford Car Club. Plus a BBQ for the visitors. Confirmation Email will be sent
October			
4 th	Saturday	MOREBEL MARKETS	8:00 am to noon
4 th	Saturday	COWRA DRIVER REVIVER	7:00 am to Noon (0700-1200)
5 th	Sunday	FORBES CAR SHOW	Depart at Your Leisure – Please inform registrar of your attendance
5 th	Sunday	CANOWINDRA DRIVER REVIVER	8.00 am to 12:00 Noon (0800-1200)
6 th	Monday	CANOWINDRA DRIVER REVIVER	4:00 pm to 8:00pm (1600-2000)
7 th	Tuesday	CANOWINDRA DRIVER REVIVER MEETING	6:30 pm Canowindra Bowling Club
7 th	Tuesday	WORKING BEE	9:00 am to Noon
9 th	Thursday	COWRA DRIVER REVIVER	7.00 am to noon (0700-1200) Russ & Kathy
10 th	Friday	COWRA DRIVER REVIVER	7.00 am to noon (0700-1200)
13 th	Monday	COWRA DRIVER REVIVER	7.00 am to noon (0700-1200)
18 th	Saturday	PARKES SHOW & SHINE/SWAP	Depart 8:00 am
20 th	Monday	CLUB MEETING	7:30 pm Cowra Railway Station
21 st	Tuesday	MAGAZINE FOLDING	7:15 pm
26 th	Sunday	OPEN DAY	9:00 - 3:00 pm
30 th	Thursday	COFFEE RUN	10.00 am depart clubroom
November			
1 st	Saturday	MOREBEL MARKETS	8:00 am to noon
4 th	Tuesday	WORKING BEE	9:00 am to Noon
17 th	Monday	CLUB MEETING	7:30 pm Cowra Railway Station
18 th	Tuesday	MAGAZINE FOLDING	7:15 pm

27 th	Thursday	COFFEE RUN	10.00 am depart clubroom
29 th	Saturday	CHRISTMAS PARTY	12:00 for 12:30 lunch – depart Cowra 11:15 am \$25 per head
30 th	Sunday	OPEN DAY	9:00 - 3:00 pm
December			
2 nd	Tuesday	WORKING BEE	9:00 am to Noon
6 th	Saturday	MOREBEL MARKETS	8:00 am to noon
15 th	Monday	CLUB MEETING	7:30 pm Cowra Railway Station
16 th	Tuesday	MAGAZINE FOLDING	7:15 pm
28 th	Sunday	OPEN DAY	9:00 - 3:00 pm

Submitted by John Toohey



Kids are Quick

TEACHER: Millie, give me a sentence starting with 'I.'

MILLIE: I is...

TEACHER: No, Millie..... Always say, 'I am.'

MILLIE: All right... 'I am the ninth letter of the alphabet.'

TEACHER: George Washington not only chopped down his father's cherry tree, but also admitted it. Now, Louie, do you know why his father didn't punish him?

LOUIS: Because George still had the axe in his hand.

TEACHER: Now, Simon, tell me frankly, do you say prayers before eating?

SIMON: No sir, I don't have to, my Mom is a good cook.

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher

Submitted by Wendy Denning