



The Cowra Crankhandle



Volume 33 No. 3
August 2024

COWRA ANTIQUE VEHICLE CLUB INC.

POSTAL ADDRESS: PO BOX 731 COWRA NSW 2794

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Shannon's web page <http://carclubs.shannons.com.au/cavc>

Facebook web page <http://www.facebook.com/CowraAntiqueVehicleClub?ref=hl>

Name: Cowra Antique Vehicle Club **BSB:** 032820 **Acc.** 283380

\$30:00 Family Membership - Constitution is available in the library.

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MR. JOHN MOONEY

MR. Kevin THRUPP

MR. DENNIS SAYLES

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EVENTS / FUND RAISING COMMITTEE: All Financial Members

The Cowra Antique Vehicle club meetings are held on the 3rd Monday of each month at 7:30 pm at the Cowra Railway Station Clubroom

Life Members

Russell & Kathy Denning

Maurice & Moya Randell

John Toohey

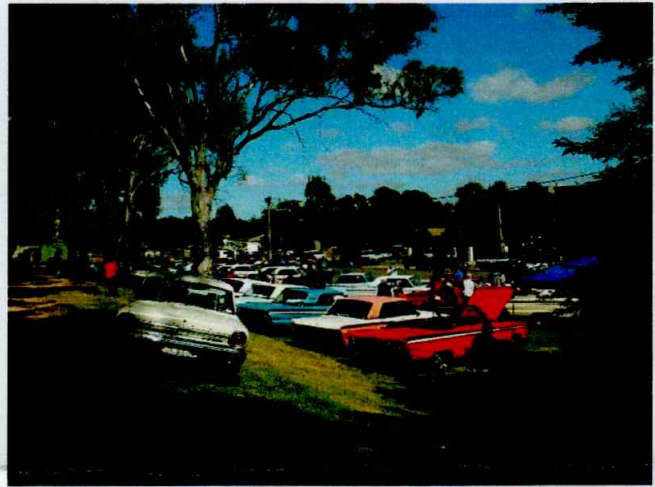
Peter & Margaret O'Sullivan

Ken Masters

Opinions expressed in this magazine/newsletter are not necessarily those of the club or the committee. Information supplied to the editor for inclusion is published in good faith; therefore, responsibility for its accuracy cannot be accepted by the club, its members, or the editor. Materials are invited for inclusion in the magazine and should be forwarded to the editor bearing the name of the author. Materials submitted may be edited to improve clarity or for space purposes.

Editors Ramblings

Just a Taster of the upcoming Fairlane Rally on 7th & 8th September



Not only have we been invited to join this group for the Show & Shine and car runs we are also doing a breakfast at the show and shine in Brougham Park. Wet weather alternative is at Railway Station. All members invited.



*Kappy Motoring
Russ Denning*

Registration Day

18th August

All done and dusted for another year, although there are still a few to inspect for various reasons. Most of these have been arranged with their owners. Every year I thank a select few, but this year I am really appreciative of a few people who helped me immensely. As you know I have not been well and am still suffering from dizziness and stability issues.

This day went super smoothly with very few minor defects, no real reason to knock back the registration. Mainly lights out, fixable in a few minutes.

Those that helped as scrutineers did a brilliant job, Steven Barker, Ian Reid, Ken Masters, Kevin Thrupp, John Mooney, I cannot thank you enough. Words cannot express my thanks to Jeffrey Curtis, He was really the controller of the process of inspections and not only did the brake testing but kept it running smoothly.

A huge thanks also to Ashley Oborn and Dave Beeken who took over the BBQ from me, leaving me to check paperwork.

The day went so quick, it amazed me, all over by 11:30 am except for one coming at 12:30 pm. The crew sat around and chatted the time away and packed up the BBQ and things. Before long it was all over. Fantastic day and thanks to everyone including the members.

Morebel Markets

Saturday 3/08/2024



Dave Beeken
Rodney Bowd

Ford Spectre
Anglia

Bob Grimshaw
Alan Shepherd

Ford F 100
'49 Rover P3

80th ANNIVERSARY Cowra Breakout

4th August 2024





Ray Heilman
John Mooney
Alan Shepherd
Rodney Bowd
Bob Grimshaw
Kathy Denning
Kathy Denning

Mitsubishi Magna
Mercedes Benz
'49 Rover P3
Ford Fairmont
Ford F100
Daimler 250
Modern

My apologies for the blurry photos, not sure what

went wrong. Might have had the dizziness.

Ladies Page

Cheesy one-pan sour cream chicken

Easy 0:10

Prep 0:20

Greer Worsley by Greer Worsley

This delicious one-pan sour cream chicken with its cheesy, bacon-studded sauce is perfect for an easy midweek meal.

- Greer Worsley

Ingredients

200g spiral pasta

1 tbs olive oil

2 large (4 small) chicken breasts

1 brown onion, finely diced

1 clove garlic, crushed

2 rashers bacon, sliced

1 cup Massel* Chicken Style Liquid Stock

Cook 4 Servings



500ml sour cream
1 cup grated tasty cheese
1/2 cup grated parmesan, plus extra to serve
1 tbs chives, chopped
*Massel is recommended by Australia's Best Recipes

Method

Cook pasta according to packet instructions. Drain and set aside.
Meanwhile, heat oil in a large skillet pan. Slice chicken into 3 or 4 escalopes and season well with salt and pepper. Cook for 1-2 minutes each side until well-browned. Set aside.
In the same pan, cook onion, garlic and bacon for 4 minutes until onion is soft. Pour in stock and bring to the boil. Whisk in sour cream. Return to the boil, then reduce heat and simmer for 5 minutes until slightly thickened and reduced by about a third. Stir through cheeses then return chicken to pan. Simmer for another 5 minutes until chicken is cooked through. Add pasta and chives to the pan, and stir to coat well. Serve with extra cheese.

Notes

You can keep the chicken breasts whole if you prefer. You will need to increase

Banana Caramel Dessert

Easy 0:15

Prep 0:10

Cook 6 Servings

A very quick and easy dessert.
- Melissa

Ingredients

2 1/2 cup Rice Bubbles
125 g dates chopped
60 g butter
1/4 cup sugar
380 g caramel sauce
1 banana
1 whipped cream

Method

Heat the dates, butter, sugar and cinnamon in a saucepan until soft.
Remove from the heat and add the Rice Bubbles, mixing well.
Press firmly into a 23 cm pie plate to form a base.
Spread the tin of caramel over the base.
Top with sliced banana and whipped cream.
[View all notes](#)

Notes

Crushed nuts or grated chocolate sprinkled over the cream is also delicious. I use



Historic Car Brands

Zeta

Zeta is a car brand that was produced in limited numbers, from 1963 to 1965, by South Australian manufacturing company Lightburn & Co. The company should have stuck with making fibreglass boats, cement mixers and washing machines.

Harold Lightburn had the quite reasonable belief that Australians would buy a second 'town' car if the price and running costs were right. A lightweight, front-wheel-drive, all-independent-suspension, two-door could do the trick. Unknown to him, Alec Issigonis at BMC was working on the same idea, with the forthcoming 'Mini'.

Lightburn & Co bought the design rights to the British Anzani mini-car and then created a fibreglass body shell for it.

Lightburn built the cars in its factory in the Adelaide suburb of Camden Park. The first Zeta model was introduced in 1963 at a price of £595 (\$1200).



Lightburn Zeta sedan – Peripitus

The Zeta Sedan (Runabout) and Utility had then-advanced front wheel drive, with coil spring and wishbone suspension, plus independent, rubber-sprung rear trailing arms and Michelin 125 R12 tyres.

They were 'powered' by a 324cc, two-cylinder, air-cooled, two-stroke Villiers engine that put out an asthmatic, claimed 16.5bhp at a dizzy 5000rpm. No torque figure was claimed, but it wasn't much.

Fuel was delivered by gravity feed from a tank behind the dashboard and the fuel gauge was a plastic pipe running from the top to the bottom of the tank, with a graduated glass tube section visible on the dashboard. As a Wheels road test put it: 'It read anywhere from full to empty, depending on gradient, throttle and probably Greenwich mean time'.

The sequential, four-speed, dog-clutch, Villiers Engineering gearbox had no reverse, so the engine had to be switched off and started backwards to provide four reverse gears! In true motorcycle transmission fashion, there was only one neutral position in the sequence.

The bike box was quick-shifting and it needed to be, to let the Zeta keep up with speedsters of the time, including Hillmans, Morrisies and VW 'Beetles'.

The Zeta chassis was pressed steel, mounting a fibreglass body that enclosed a large but sparse interior. Rear windows were perspex, but the windscreen was laminated glass. The doors were steel, with sliding perspex panes.

The Sedan was not equipped with a rear hatch, so access to the cargo area required removal of the front seats, the ease of which was advertised as a positive feature.



Zeta Utility – GTHO

The mechanically identical Utility was the rarest of the Zeta models, with a total of only eight produced, of which some were in Sydney City Council's Hyde Park fleet.

The two-seater Zeta Sports was introduced in 1964, with body styling based on the Henry Meadows Sprint version of the Frisky microcar, designed by Gordon Bedson and Keith Peckmore, although Lightburn attributed the design to Michelotti.

The fibreglass-bodied car weighed 400kg and ran on 10-inch wheels, with all-around drum brakes. Like the Goggomobil Dart it lacked doors and bumper bars.

The Zeta Sports was powered by a German ZF Sachs FMR 498cc, two-cylinder, two-stroke engine that produced a claimed 15.5kW (21bhp). The engine, with 70mm bore and 67mm stroke, was originally used in the FMR Tg500 microcar.



The Zeta Sports was fitted with a four-speed forward and one-reverse sequential gearbox in unit with the engine. Only 48 examples were produced.

The Zeta models' lack of power, weird styling, poor interior finish and odd ergonomics almost certainly doomed the Lightburn venture, but the vehicle's unfortunate timing could hardly have been worse: released onto the market at the same time as the Morris Mini that was only £60 more expensive.

The styling issue was addressed by the much better looking Series II for 1965, but by then it was too late. Total production of fewer than 400 Zeta vehicles ceased in 1965 and the last vehicles were sold in 1966.

Happy Birthday for September

- | | |
|--------------------------------------|---------------------------------------|
| <i>1st Joyce Oborn</i> | <i>2nd Jimmy McDiarmid</i> |
| <i>7th Ashley Oborn</i> | <i>15th Ken Masters</i> |
| <i>17th John Harrigan</i> | <i>19th Ben Denning</i> |
| <i>21st Marilyn Reeks</i> | <i>23rd Burnie Rutter</i> |
| <i>30th Derek Brown</i> | |

Wedding Anniversary for September

- 29th Ben & Wendy Denning*

C.A.V.C. Annual Fee \$40

Club Merchandise

Car Badge	\$21:00
Lapel Badge	\$5:00
Caps	\$15:00
Dark Blue Polo Shirts	\$15:00
Light Blue Shirt	\$27:00
New Light Blue Shirt	\$36:00
Cloth Patches	\$10:00

Sloppy Joes	\$18:00
Winter Vest	\$26:00
Small Sticker "inside window"	\$5:00
Name – model – year plate (CAVC)	\$13:00
C.A.V.C. old number plates –	offers
Sticker Outside Window	\$5:00
NEW Windscreen Banner	\$15:00

For Sale

1980 Mercedes Benz SEL280 auto - petrol, unregistered since 2016, good tyres, good condition. Needs a bit of TLC, parts for minor repairs with car. \$4500.00 ono Peter 0427489990.





**IF YOU REMEMBER PUMPING GAS
BEHIND YOUR LICENSE PLATE....
YOU MUST BE REALLY OLD! 🙌 😊**



Submitted by Ray Heilman

MINUTES of CLUB MEETING

August 2024 Number 3

Meeting conducted by President: Dave Barrand

1. **Present:** Ian Reid, John Mooney, Darren Muggleton, Dave Beeken, Rodney Bowd, Dave Barrand, Russ Denning, Bob Grimshaw, Maurice Randell, Kathy Denning, Ashley Oborn, Dudley Frecklington, Ron Fazzari, Steve Slade. Jeffrey Curtis.

Visitors:

2. **Apologies:** Wayne & Marilyn Reeks, Sue Barrand, Bernie Rutter, Moya Randall, Andrew Michel, Max Thompson, Kevin Thrupp, Alan Shepherd, Derek Brown
3. **Minutes of Previous Meeting:**
Moved: Ian Reid
Seconded: Darren Mulligan

Business arising from minutes.

- Nil

4. **Treasurers Report:** Read by Ian Reid

Moved by: Ian Reid

Seconded by: Rodney Bowd

5. **Secretaries Report**

Correspondence IN:

- 18 Magazines
- Bank Statement
- Central West Car Club Show & Shine 19th October Pioneer Oval Parkes
- 2025 Dodge National Rally 19-25 October 2025
- BBQ Trailer registration renewal
- Cowra the Great Escape Whats ON. AUGUST
- Gooloogong Marts added to Calendar
- Bank ledger CAVC for data input to Tax Office
- Not required rent payment – marked off for rental payment when due
- South West Get Together -October 19th at Yarri Park Gundagai
- AMUZU Theatre –“Never Too Late”
- Lodgement information from ATO
- Flyer from Artexpress – Saturday 17th August
- Deniliquin Show & Shine Sunday 10th November 8’00 am to 2’00pm Racecourse Rd Deniliquin.
- Grenfell Lights Family Poker Run Saturday 21st September 9:30 am Grenfell Bowling Club, Presentation 6:00 pm at Grenfell Bowling Club
- Confirmation letter from Phil O’Loan Veteran Club on 2026 Rally
- Invitation to Mount Victoria Museum
- Information, Canowindra Driver Reviver and swap meets, Eugowra, Canowindra plus Canowindra Show – Bob Grimshaw
- Bay to Birdwood update – only 200 spots remaining
- Information to join Ford Fairlane Show & Shine in Bryant Park 8th September – CAVC doing Breakfast BBQ. Invitation to Join for Run to Wyangala Dam for a photo shoot – Fairlanes departing Cowra 10.00 am

Correspondence OUT:

- NED deposit Cowra Crankhandle

- Updated events

Moved by: Ian Reid

Seconded by: Rodney Bowd

6. Editors Report:

- Nil

7. Plates Registrar Report:

- Travel Authority
- Extra Use Non-Club Event
- New Registrations

8. Past Events Discussed as per Past Calendar

- Discussed as per Calendar

SEE EVENTS CALENDER.

Suggested Runs – please bring suggestions to club meetings – please think about this list.

- Movies in Orange
- Observation Run – Jowett Run revisited – Russell Denning
- Other painted Silos
- Garage Sales Run
- Amusu Theatre
- Parkes Dam
- Borenore Caves - Bob Grimshaw
- Ten Pin Bowling in Orange – Ray Heilman
- Zig Zag Railway

9. Future Events

- As per Events Calendar

10. Supper Roster:

August – Kathy Denning

September – Dave Beeken

11. General Business:

Meeting Closed: 8:26 pm

Next meeting: - Cowra Railway Station Clubroom. –

Agenda:

- | | | |
|---------------------|--------------------------------|--------------------------|
| 1. Present | 2. Minutes of previous meeting | 3. Business arising from |
| 4. Treasures Report | 5. Secretary Report | 6. Editors Report |
| 7. Plates Report | 8. Past Events | 9. Future Events |
| 10. Supper Roster | 11. General Business | |

Secretary

Kathy Denning

Joke by John Toohey

An old Italian man in Brooklyn is dying. He calls his grandson to his bedside, "Guido, I wan' you lissina me. I wan' you to take-a my chrome plated ...38 revolver so you will always remember me."

"But grandpa, I really don't like guns.. How about you leave me your Rolex watch instead?"

"You lissina me, boy! Somma day you gonna be runna da business, you gonna have a beautiful wife, lotsa money, a big-a home and maybe a couple of bambinos. "

"Somma day you gonna come-a home and maybe finda you wife inna bed with another man. "Whatta you gonna do then? Pointa to you watch and say, 'Times up!' "?


2024 Events Calendar

Please ensure you have a copy of the Calendar in your vehicle

August			
25 th	Sunday	CAVC RAILWAY STATION OPEN DAY	9:00 am to 3:00pm – Call in for a free cuppa - visitors and other clubs welcome
29 th	Tuesday	COFFEE RUN	Depart 9:30 am Hide Out Young Rd – Lunch Cowra Bowling Club
31 st	Sunday	COOTAMUNDRA SPRINTS	Depart at your leisure – notify registrar if taking club car.
September			
1 st	Sunday	WOODSTOCK SHOW	Depart at your liesure
3 rd	Tuesday	WORKING BEE	9:00 am to 1:00 pm
3 rd	Tuesday	LADIES LUNCH	Please advise Kathy or Joyce of your attendance for booking
7 th	Saturday	MOREBEL MARKETS	8:00 am to noon
7 th	Saturday	FAIRLANE CLUB	10:00 am run to Dam
8 th	Sunday	FAIRLANE CLUB	Sow and shine, CAVC doing breakfast in Bryant Park.
16 th	Monday	CLUB MEETING	7:30 pm Cowra Railway Station
17 th	Tuesday	MAGAZINE FOLDING	7:15 pm Clubroom
21 st	Saturday	EUGOWRA SHOW	Depart at your leisure
26 th	Thursday	COFFEE RUN	Depart 9:00 am for Cargo
28 th	Saturday	CAR & BIKE SHOW AT MOLONG	Depart 7:30 am
28 th	Sunday	CANOWINDRA SHOW	Enter past sweeping right and park on Trotting Track
29 th	Sunday	CAVC RAILWAY STATION OPEN DAY	9:00 am to 3:00pm – Call in for a free cuppa - visitors and other clubs welcome
October			
1 st	Tuesday	WORKING BEE	9:00 am to 1:00 pm
5 th	Saturday	MOREBEL MARKETS	8:00 am to noon
21 st	Monday	CLUB MEETING	7:30 pm Cowra Railway Station
22 nd	Tuesday	MAGAZINE FOLDING	7:15 pm Clubroom
26 th	Saturday	MEMORIAL RUN (KEITH CAPPS)	Canowindra Morris Park 10:00 am from clubrooms at Station
27 th	Sunday	CAVC RAILWAY STATION OPEN DAY	9:00 am to 3:00pm – Call in for a free cuppa - visitors and other clubs welcome
31 st	Thursday	COFFEE RUN	Depart 9:30 am
November			
2 nd	Saturday	MOREBEL MARKETS	8:00 am to noon
5 th	Tuesday	WORKING BEE	9:00 am to 1:00 pm
17 th	Sunday	BATHURST CAR & BIKE SHOW	
18 th	Monday	CLUB MEETING	7:30 pm Cowra Railway Station
19 th	Tuesday	MAGAZINE FOLDING	7:15 pm Clubroom
24 th	Sunday	CAVC RAILWAY STATION OPEN DAY	9:00 am to 3:00pm – Call in for a free cuppa - visitors and other clubs welcome
28 th	Thursday	COFFEE RUN	Depart 9:30 am

The CAVC thanks the following sponsors for their support and assistance in the publication of this newsletter.
Please acknowledge to the sponsors that you saw their add in the Cowra Crankhandle

There is nothing in life that is half as much fun,
As lazing around on a boat under the warm summer sun.



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